

In case of inclement weather, call the **NWS weather hotline** 45 minutes before the session is scheduled to start. **630-729-3046**



NWS LAX Newsletter
February 19, 2010

NWS LAX Alumni Schedules for our alumni who are playing lacrosse in college are being added to our website. Maybe you can catch a game and cheer them on! Check it out at www.nwslax.org!

SPIRITWEAR ORDERS ARE BEING TAKEN NOW -

The deadline to place an order will be Wednesday March 3. Forms are available at www.nwslax.org



PRIVATE LESSONS – Coach Cole is going to be offering private group lessons. If interested, please email him at josh@illax.org. The first groups will be a goalie lesson series as well as an offensive/shooting series. Details will be announced shortly.

Coach Cole played lacrosse at Kenyon College where he broke the school's all time scoring record. As head coach for the University of Iowa, Josh was named the Central Collegiate Lacrosse Association Coach of the year. Be sure to take advantage of this great opportunity to learn from the best!



REFEREES AND COACHES –Parents are encouraged to sign up for our free Lacrosse 101 classes where you will have a one on one question and answer session with Coach Cole and Illinois Lacrosse Official Scott Swearingen.

These classes are held on Saturdays at 10am at the Regional Sports Center by appointment only! Minimum to hold the class is 3 participants.

For parents or anyone else interested in learning more about the game. If you would like to consider being a parent coach or referee for junior high or grade school lacrosse, please email info@nwslax.org!

USED EQUIPMENT - Our lacrosse parents would like to hold a pre-spring season lacrosse equipment swap mart & sale. Anyone interested in helping to organize this endeavor should contact Karlene@illax.org.



KNIGHTS TRAVEL TEAM TRYOUTS

Tryouts for the select High School and Middle School teams are taking place on Saturdays February 20 and February 27 at 5:00pm at the Regional Sports Center.

These tournaments are in the summer with only one in March so it will not interfere with spring lacrosse.

NWS PARENT REPS– If you would like to see more lacrosse programming in the area where you live and think you can assist with handing out flyers to interested potential players, please contact Karlene @illax.org.

We are currently working on our summer and fall programs and would love to have your input. We are looking for 1 volunteer parent rep for every grade school and junior high school in our lacrosse playing area.